



INSPIRE UNIFORM CATALOGUE



THE IMPORTANCE OF WEARING THE CORRECT UNIFORM

SAFETY

The correct uniform allows teachers to see dancers' movements clearly and identify any technique or posture that needs correcting.



MOVEMENT

Dancewear is designed to allow dancers to stretch, jump and move comfortably without restriction.



TECHNIQUE

Appropriate footwear provides the right support and grip for each dance style, helping dancers perform steps safely.



SENSE OF BELONGING

Wearing uniform helps dancers feel part of the Inspire family and helps children feel prepared, confident and ready to dance.



FAIRNESS AND CONSISTENCY

Having the same uniform creates a sense of equality, so everyone feels included.

ISTD CLASSES

BALLET, TAP & MODERN



1ST POSITION MILLY VOILE SKIRTED CAP SLEEVE LEOTARD

A delightful best selling skirted leotard from 1st Position, the Milly is perfect to showcase your little dancers.

Material: Fabric - Matt Finish 80% Nylon, 20% Elastane
Skirt - 100% Polyester

Dimension: Sizes available: Size 0 - 3A

Available Colors:  LIGHT PINK

£23.50



**BALLET
TOTS**

**ALL
BALLET**



BLOCH ARISE FULL SOLE LEATHER BALLET SHOE

The Bloch Arise is an introductory leather full sole ballet shoe perfect for young dancers, featuring a full sole fit which is especially supportive of younger feet.

Material: Upper: Leather
Full Sole: Suede

Dimension: Sizes available: Size B/C - 24 - 41

Available Colors:  PINK

£13.75

SILKY SUPER SOFT BALLET SOCK

Be at your ballet best in these soft and comfortable ballet socks. 60 Denier appearance.

Material: 88% Nylon, 12% Elastane

Dimension: Sizes available: 23/26 - 37/40.5

Available Colors:  PINK

£3.95



**BALLET
TOTS**

1ST POSITION MILLY VOILE SKIRTED CAP SLEEVE LEOTARD

A delightful best selling skirted leotard from 1st Position, the Milly is perfect to showcase your little dancers.

Material: Fabric - Matt Finish 80% Nylon, 20% Elastane
Skirt - 100% Polyester

Dimension: Sizes available: Size 0 - 3A

Available Colors:  CHINA BLUE

£23.50



PRE-
PRIMARY &
PRIMARY

ALL
BALLET



BLOCH ARISE FULL SOLE LEATHER BALLET SHOE

The Bloch Arise is an introductory leather full sole ballet shoe perfect for young dancers, featuring a full sole fit which is especially supportive of younger feet.

Material: Upper: Leather
Full Sole: Suede

Dimension: Sizes available: Size B/C - 24 - 41

Available Colors:  PINK

£13.75

1ST POSITION LONG SLEEVED ACRYLIC X-OVER

Keep warm and cosy in this long sleeved crossover. This soft acrylic cardigan has been a dancer's favourite for years, and is perfect for warming up before dance class.

Material: 100% Acrylic

Dimension: Sizes available: 56cm - 91cm

Available Colors:  BLACK

£12.00



PRE-
PRIMARY &
PRIMARY

1ST POSITION ALICE CAP SLEEVED RUCHED LEOTARD

A delightful best selling skirted leotard from 1st Position.

Material: 80% Matt Nylon, 20% Elastane

Dimension: Sizes available: Size 3A - Adult Large

Available Colors:  CHINA BLUE

£23.95



**GRADE 1-3
BALLET**



**PRE-
PRIMARY &
PRIMARY**

BLOCH ARISE FULL SOLE LEATHER BALLET SHOE

The Bloch Arise is an introductory leather full sole ballet shoe perfect for young dancers, featuring a full sole fit which is especially supportive of younger feet.

Material: Upper: Leather
Full Sole: Suede

Dimension: Sizes available: Size B/C - 24 - 41

Available Colors:  PINK

£13.75

1ST POSITION LONG SLEEVED ACRYLIC X-OVER

Keep warm and cosy in this long sleeved crossover. This soft acrylic cardigan has been a dancer's favourite for years, and is perfect for warming up before dance class.

Material: 100% Acrylic

Dimension: Sizes available: 56cm - 91cm

Available Colors:  BLACK

£12.00



**GRADE 1-3
BALLET**

1ST POSITION RACHEL DOUBLE STRAP CROSS BACK LEOTARD

A delightful best selling skirted leotard from 1st Position.

Material: 45% Cotton, 45% Polyester, 10% Elastane

Dimension: Sizes available: Size 1 - 6.
Sizes 3A-5 have shelf bra lining

Available Colors:



BLACK

£22.50

**GRADE 4-6
BALLET**



BLOCH CHILDREN'S DEBUT SATIN BALLET SHOES

The Bloch Arise is an introductory leather full sole ballet shoe perfect for young dancers, featuring a full sole fit which is especially supportive of younger feet.

Material: Upper: Leather
Full Sole: Suede

Dimension: Sizes available: Size C - 7 - 10.5

Available Colors:



PINK

£16.50

1ST POSITION PULL-ON MESH SKIRT

Stylish pull-on mesh skirt from 1st Position, to team with your favourite leotard or top

Material: Stretch mesh skirt with elasticated elastane waistband

Dimension: Sizes available: Child - S/M - Adult - L/XL

Available Colors:



BLACK

£14.95

**GRADE 4-6
BALLET**



1ST POSITION ALICE CAP SLEEVED RUCHED LEOTARD

A delightful best selling skirted leotard from 1st Position.

Material: 80% Matt Nylon, 20% Elastane

Dimension: Sizes available: Size 3A - Adult Large

Available Colors:  CHINA BLUE

£23.95

PRIMARY -
GRADE 3
TAP



BLOCH TIMESTEP LOW HEEL PU TAP SHOES

Timestep tap shoes from Bloch are a popular choice for children and adults owing to their quality, durability and comfort.

Material: Durable synthetic leather upper and canvas bind for support and long-lasting wear

Dimension: Sizes available: Size EU 23 - EU 41

Available Colors:  BLACK

£26.60



1ST POSITION HIGH WAIST PERFORMANCE SHORTS

Perform with skill and comfort in these high waist performance shorts from 1st Position

Material: Matte/Elastane

Dimension: Sizes available: Child - S - Adult - XL

Available Colors:  BLACK

£14.50

PRIMARY -
GRADE 3
TAP



1ST POSITION RACHEL DOUBLE STRAP CROSS BACK LEOTARD

A delightful best selling skirted leotard from 1st Position.

Material: 45% Cotton, 45% Polyester, 10% Elastane

Dimension: Sizes available: Size 1 - 6.
Sizes 3A-5 have shelf bra lining

Available Colors:  BLACK

£22.50

**GRADE
4-6
TAP**



1ST POSITION LEATHER JAZZ TAP SHOES

Timestep tap shoes from 1st Position are a popular choice for children and adults owing to their quality, durability and comfort.

Material: polyester lining with a tapered heel and scored rubber skid pad

Dimension: Sizes available: Size EU 31 - EU 41

Available Colors:  BLACK

£32.50

***Please order 1 size up from your street shoe size**



CAPEZIO ESSENTIALS FOOTLESS TIGHTS

Capezio footless ballet tights, 60 denier

Material: Nylon/spandex

Dimension: Sizes available: 8-12 years - Adult - L-XL

Available Colors:  BLACK

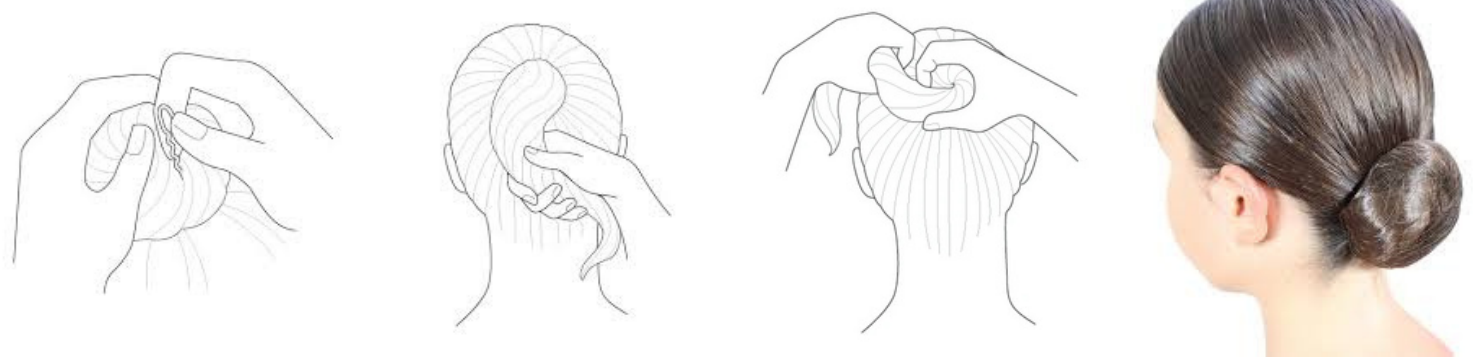
£6.50

**GRADE
4-6
TAP**



HAIR & JEWELLERY

HOW TO DO A BALLET BUN



**Gather the hair into a high or mid-height ponytail.
Secure it tightly with a strong hair bobble.**

**Twist the ponytail all the way to the ends.
Wrap the twisted hair around the base of the ponytail to create a neat bun.**

**Place a hair net over the bun, then use hairpins all the way around the bun to
secure it firmly. Gently wiggle each pin into the bun for extra hold.**

**Smooth any flyaways with hairspray or gel.
The bun should feel secure enough that it won't move during dancing.**

JEWELLERY

We ask dancers to leave all jewellery at home when attending dance classes.

**This is for the safety of all our dancers, jewellery must be removed before class
wherever possible.**

**Earrings, necklaces, bracelets, rings and watches can cause injuries or become
caught during dancing, particularly in partner work.**



STREET DANCE

Blue Inspire dance t-shirt
Black bottoms (leggings or joggers)

A delightful best selling skirted leotard from 1st Position, the Milly is perfect to showcase your little dancers.



MUSICAL THEATRE

Blue Inspire dance t-shirt
Black bottoms (leggings or joggers)



CONTEMPORARY

Cross-over back, black leotard
(Same for Ballet/Modern & Tap)

Black footless tights
(worn over the leotard)

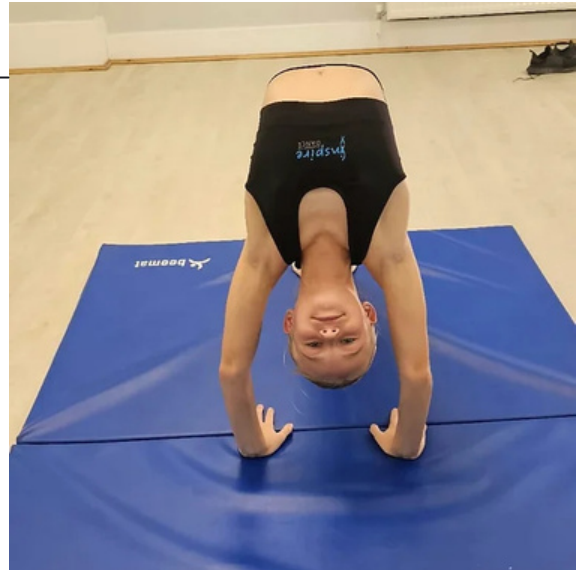


ACROBATICS

Cross-over back, black leotard
(Same for Ballet/Modern & Tap)

Black footless tights
(worn over the leotard)

Inspire crop top and black shorts
can also be worn



CHEERLEADING

Blue Inspire dance t-shirt
Black leggings or shorts



TEEN FUSION

Blue Inspire dance t-shirt
Black leggings or shorts

Or

Black leotard and black footless tights
(no loose clothing)



PERFORMANCE TEAM



Our Performance Team members are ambassadors for Inspire Academy of Dance and represent our dance school at events and performances.

We therefore expect all team members to follow our uniform requirements at all times, maintaining a smart, professional and consistent appearance.

(Inspire Performance Team Jacket to be worn for all events)

The correct uniform for each class type should be worn.

MERCHANDISE

INSPIRE ZIP HOODIE

The Zip Hoodie is crafted for comfort, this hoodie is your go-to choice for staying warm and showcasing your love for training.

Dimension: Sizes available: 5-6 years - Adult XL

Available Colors:  BLACK

from
£33.50

PERSONALISATION
AVAILABLE



INSPIRE PULLOVER HOODIE

Our Hoodie is crafted for comfort, this hoodie is your go-to choice for staying warm and showcasing your love for training.

Dimension: Sizes available: 1-2 years - XX Large

Available Colors:  BLACK  BLUE

PERSONALISATION
AVAILABLE

from
£32.00



INSPIRE TOTS T-SHIRT

Boost your motivation with the Inspire Club T-Shirt. Made with high-quality fabric, Featuring our Tots characters on the back of the shirt.

Dimension: Sizes available: 3-4 years - 12-13 years

Available Colors:  BLUE

£18.50

PERSONALISATION
AVAILABLE



INSPIRE CLUB T-SHIRT

Boost your motivation with the Inspire Club T-Shirt. Made with high-quality fabric, this t-shirt will keep you comfortable while dancing.

Dimension: Sizes available: 3-4 years - Adult XXXL

Available Colors:  BLUE

from
£18.50

**PERSONALISATION
AVAILABLE**



INSPIRE CROP VEST SHIRT

Elevate your athletic style with our premium crop top, designed for both performance and flair.

Dimension: Sizes available: 5-6 years - Women 14

Available Colors:  BLACK

**PERSONALISATION
AVAILABLE**

from
£14.50



INSPIRE JOGGERS

Experience unparalleled comfort and flexibility with our joggers, designed to move with you through every routine.

Dimension: Sizes available: 5-6 years - Adult XXL

Available Colors:  BLACK

from
£20.00



INSPIRE CROP TOP

Elevate your athletic style with our premium crop top, designed for both performance and flair. Featuring breathable, stretchable fabric.

Dimension: Sizes available: 5-6 years - 11-13 years

Available Colors:  BLACK

£18.50



**PERSONALISATION
AVAILABLE**

INSPIRE ONESIE

Designed for budding athletes, this cozy outfit is perfect for active play and early exploration.

Dimension: Sizes available: 5-6 years - L/XL

Available Colors:  BLACK

**from
£35.00**

INSPIRE JACKET

Designed for both performance and style, it's the perfect layer for training or casual wear.

Dimension: Sizes available: 3-4 years - Adult XXXL

Available Colors:  BLACK

**from
£28.00**



**PERSONALISATION
AVAILABLE**

INSPIRE DANCE BAG

Take your essentials on the go with our Kit Bag. Designed for convenience and durability.

Dimension: ONE SIZE

Available Colors:  BLACK

£32.50

**PERSONALISATION
AVAILABLE**



INSPIRE DRAWSTRING BAG

Gear up with our Personalised Drawstring Bag. Crafted for convenience and versatility, this bag is your ideal companion for all your essentials.

Dimension: ONE SIZE

Available Colors:  BLACK

**PERSONALISATION
AVAILABLE**

£14.50



INSPIRE WATER BOTTLE

Stay hydrated in style with our Water Bottle.

Dimension: ONE SIZE

Available Colors:  BLACK

£8.00

**PERSONALISATION
AVAILABLE**

